



# PSYCHOLOGY UNDERGRAD INTERNSHIP

## SUMMER 2026

ADVANCED THERAPEUTIC SOLUTIONS FOR ANXIETY – Oak Brook, IL

Experience 10 weeks in a unique private practice that treats an anxiety disorder called selective mutism. Clinical opportunities are rare for undergraduates. This internship lets you gain clinical experience in the mental health field and is perfect for college students considering advanced studies in psychology. Those with a special interest in social phobias, anxiety disorders, and working with children are encouraged to apply. This opportunity will complement your education by providing you with the opportunity to develop skills outside of the classroom and labs. The 10-week internship ends with a week of supervised, hands-on clinical experience working in our [Adventure Camp program](#).

### Internship Details

- Participate in Professional Development Seminars focused on graduate school preparation
- Learn the logistics of graduate school funding and how to minimize student loans
- Gain a better understanding of the various graduate school paths and life at/after graduate school
- Attend a 2-day selective mutism training seminar
- Serve as “confederates” in therapy sessions for children with selective mutism and social anxiety
- Have the opportunity to submit abstracts for conference presentations
- Gain experience in marketing a psychology practice, including social media outlets
- Gain hands-on experience serving as a psychologist’s assistant during ATSA’s Adventure Camp for children with selective mutism

### REQUIREMENTS

- 3.5 cumulative GPA recommended; open to all majors (psychology majors preferred)
- Outstanding oral and written communication skills
- Organized, responsible, and interpersonally effective
- Strong critical thinking skills
- Demonstrated success with professional commitments (e.g. work, school, prior internships)
- Ability to thrive independently with minimal supervision
- Ability to work collaboratively among a team of interns and staff
- Ability to intern in-person at ATSA clinic, June 2<sup>nd</sup> – August 8<sup>th</sup>, Tues-Fri, 9am-5pm (extra hours during Adventure Camp week July 28<sup>th</sup> - August 1<sup>st</sup>)

### HOW TO APPLY

**Deadline:** 02/05/2026

### APPLICATIONS MUST INCLUDE:

✓ Cover Letter	✓ College Transcript
✓ Resume/ CV	✓ Two letters of recommendation with “Recommendation [Name]” in the subject line
✓ Personal Statement (include your photo)	

Email: Please submit materials to [SummerInternship@advancedtherapeuticsolutions.org](mailto:SummerInternship@advancedtherapeuticsolutions.org) with "Internship 2026" in the subject line.

Or

Mail: Attn: Dr. Carmen Lynas, Internship Director

*This is an unpaid internship that is considered an educational opportunity. Check with your school about potential funding support for students seeking outside internships.*



## Why Should I Apply for an Internship?

Founded in 2011, Advanced Therapeutic Solutions for Anxiety (ATSA) is a small organization of clinicians treating phobias in children. We use innovative approaches that leverage outside-the-box thinking and intervention strategies to assist children struggling with a variety of anxiety-related conditions. Seeing children overcome their fears and watching their families' lives get back to normal is what drives us every single day. We are invigorated by the success stories of our patients addressing deep seated challenges to improve their lives.

Pursuing a career in psychology likely means you are considering graduate schools. You will soon discover that doctoral programs in clinical psychology are extremely competitive. In fact, securing a funded seat in a Ph.D. clinical psychology graduate program that is accredited by the American Psychological Association (APA) is more competitive than getting into medical school. Even if you obtain a highly sought-after seat at a graduate university, you then have to contend with applying for a psychology doctoral-level internship for your final year. Obtaining an APA-accredited internship is more difficult than years past as there are more students than internships available. Each year, there are a large number of students who are not matched to an APA site. APA actually refers to it as a "crisis" for budding psychologists in their APA Monitor article, ["The Internship Match Crisis Continues."](#)

Why is this important to you? Because graduate school in clinical psychology is competitive, requires a true commitment to see it through, and can be costly as well, possibly leaving you with substantial loans that should not be entered into lightly. It is smart to participate in an internship that allows you the opportunity to decide if a career in clinical psychology is what you really want *before* applying to graduate school. While there are plenty of research opportunities for undergraduate college students, clinical opportunities are rare. [Previous ATSA interns](#) have said that being a part of an actual practice helped them formulate what path they wanted to follow for graduate studies.

A summer internship at ATSA is unique. You will serve as "confederates" in the treatment of children with a phobia called "selective mutism." You will have the opportunity to shadow therapy sessions, videotape sessions, create meaningful clips of therapy sessions to foster learning, and work with a multidisciplinary team of school psychologists, clinical psychologists, school social workers, speech language pathologists, occupational psychologists, school personnel, and general pediatric providers in an innovative intensive treatment protocol called [Adventure Camp](#). You will have the opportunity to work alongside professionals, providing a rich opportunity for networking and potential recommendation letters. And the best part: seeing the children heal will be something you'll carry with you forever.

To learn more visit <https://www.advancedtherapeuticsolutions.org/>

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