

600 W 22nd Street, Suite 250 Oak Brook, IL 60523 Tel 630-230-6505 Fax 630-230-3362 <u>www.SelectiveMutismTreatment.net</u> <u>www.AdvancedTherapeuticSolutions.org</u>

Recruiting a postdoctoral fellow interested in learning how to provide tailored exposure-based and behavioral-based treatment to children, adolescents, and adults within a private practice setting. Postdocs with training in treating the full range of anxiety disorders and other comorbid disorders are encouraged to apply.

IS THIS YOU?

You aim to help your patients heal, to find meaning and understand themselves, and to not be afraid to live – really live. You have spent the past several years learning and working with intention, and you go over and beyond for your patients because you take pride in your work, truly enjoying the inspiration from your patients. Though you have spent countless hours studying, working, and researching, you know that the difference you are making in the world is more than worth it. You are reminded of this each time you realize the difference you have made in a person's life, and that energy fuels you to continue your professional journey.

THIS IS US!

Our therapists are a unique team of anxiety specialists who enjoy working together to maximize therapy outcome for our patients. We offer exposure-based and cognitive-behavioral-based therapies including ERP, CBT, ACT, and ABBT as well as PCIT for behavioral issues and PCIT-SM for selective mutism, including intensive treatments. As a fee-for-service clinic, we have the flexibility to provide treatment in the clinic, home, school, and community, which serves to maximize treatment outcome and feels rewarding for both patient and therapist alike. We also provide telehealth, which has been challenging yet rewarding to learn how far one can go with telehealth, despite the numerous barriers COVID-19 presented in 2020. We value a healthy work-life balance, and we support each other in that pursuit.

We take care of you so that you can focus on your patients. We know that a strong infrastructure provides the foundation for you to deliver excellent treatment. Therefore, we have staff that handles patient's financial concerns, supports them through the out-of-network insurance process, and collects fees on your behalf so that you can be fully focused on your clinical work.

We look forward to adding a like-minded therapist to our team!

Responsibilities:

- Conduct diagnostic intake evaluations.
- Provide evidence-based treatment to children, adolescents, and young adults struggling with anxiety, depression, and comorbid conditions.
- Provide PCIT-SM (training provided).
- Incorporate parent guidance and/or family-based interventions in treatment.

- Ability to provide in-person and telehealth services as an option for patients.
- Collaborate with our clinicians to develop and facilitate group therapies.
- Communicate with collaterals (e.g., psychiatrist, school social worker, school teacher) as needed.
- Provide clinical supervision to graduate master's and doctoral trainees (supervision on supervision provided).
- Conduct presentations, workshops, or webinars to spread mental health awareness.
- Clinic is open Tuesdays Saturdays. Select your own schedule between those days; Saturdays required.

Ideal Qualifications

- APA-approved internship
- Experience conducting diagnostic intake evaluations and developing tailored treatment plans acquired during practicum and internship.
- 3+ years experience providing CBT, ACT, ERP, DBT acquired during practicum and internship.
- Experience with PCIT and/or PCIT-SM.

Opportunities:

- Training, supervision, and collaboration to support professional development as an anxiety specialist.
- Collegial support to follow your interests/further develop your specialty.
- Flexible schedule that you create yourself to support your work-life balance.
- Opportunity to become PCIT-SM certified.
- Opportunity to become BTTI certified.

COVID-19 considerations:

We are all vaccinated! We are able to provide you with a letter of eligibility for vaccination if you are not yet vaccinated. Our staff and patients continue to follow CDC guidelines.

How to Apply:

• Send Cover Letter, CV, and 2 Letters of Recommendation to: postdoc@advancedtherapeuticsolutions.org