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Adventure Camp: Intensive Treatment for Selective Mutism

**ATSA Partners with STAR
NET to provide ISBE and
IDFPR Credit for Selective
Mutism Training through
the Adventure Camp Program!**



ATTENTION Educators and Health Providers! Receive FREE training in selective mutism through ATSA's Adventure Camp Counselor program, and earn ISBE or IDFPR credit! This short-term program is ideal for those looking to gain time-limited hands-on training in working with a student with selective mutism. Join ATSA in our cause to spread awareness and address limited resources for those coping with selective mutism by applying to be a camp counselor. [Click here for more information.](#)

What to Expect

The training begins with a two-day didactics seminar typically held over a weekend in June, followed by supervised delivery of the Adventure Camp protocol scheduled over several days in July, and ending with participating in the [five-day Adventure Camp intensive group treatment for children with selective mutism](#) the first week of August. In the didactics portion, counselors learn about theory, research, and practice of working with children coping with selective mutism. During the implementation of the Adventure Camp protocol and camp week, counselors learn how to apply what they've learned via hands-on delivery of specific skills. These include shaping, fading, modeling, systematic



desensitization, and differential contingent reinforcement for shaping nonverbal communication to verbal communication. Under the supervision of licensed clinical psychologist, Carmen Tumialan Lynas, Ph.D., the 5-day camp week involves pairing each camper with a counselor who coaches their assigned camper through the exposure tasks of the day.

Adventure Camp (AC) is held in a school and simulates school-like activities such as morning meeting, show and tell, recess, and bus rides to field trips in the community. On field trips, campers continue generalizing speaking behaviors across people and activities in the community. Their one-on-one counselor is with them every step of the way, applying the AC protocol, and continuously reinforcing their camper with points and labeled praise for interacting verbally. At the end of the day, the campers are rewarded for their hard work at the Prize Store.

Through participation in the training and camp, not only do counselors learn about selective mutism, but they also gain experiential knowledge on how to shape nonverbal communication to verbal communication, within a school setting, and can return to their school districts feeling more confident applying the skills learned to help their own students. [Click here to learn more about the Adventure Camp Counselor Training program.](#)



Illinois State Board of Education

STAR NET Region II is an approved provider of professional development credit through the **Illinois State Board of Education (ISBE)** and is supporting this training by providing this credit to attendees. Teachers and others who desire ISBE professional development credit will need to complete a form on the first day of training which includes contact information, email address and IEIN (Illinois Educator Identification Number). Those desiring credit must sign in both in the morning and after lunch each day. Those desiring credit must also complete an ISBE Evaluation form at the end of the second day and leave it with ATS staff. Full attendance both days of the training is required to receive this credit; we cannot adjust credit hours to meet individual needs. Attendees will be emailed an ISBE certificate of attendance for 12.5 contact hours within a week of the training.



Illinois Department of Financial and Professional Regulation

STAR NET Region II is an approved provider of professional development through the **Illinois Department of Financial and Professional Regulation (IDFPR)** for Speech Language Therapists, Occupational Therapists, Physical Therapists and Social Workers. Licensed Clinical Professional Counselors may use Social Work approved professional development for their needs as well. Those who desire this credit must sign in each morning and after lunch each day and complete a form which includes contact information and email address. An evaluation form must also be completed by attendees and returned to ATS staff at the end of the second day. You will receive your certificate of attendance for 12.5 contact hours at that time. Full attendance both days of the training is required to receive this credit; we cannot adjust credit hours to meet individual needs.